



# Monthly Newsletter



5th December, 2025



## WELCOME TO DECEMBER AT GIAN HEALTHCARE



We're stepping into December with excitement, pride, and festive spirit as we wrap up an incredible year at Gian Healthcare!

November was filled with dedication, teamwork, and outstanding care. Thank you for consistently going above and beyond. Your commitment continues to shine, especially during this busy season.

This month's edition brings you plenty of seasonal updates and celebrations, including:

⭐ **Annual Dinner & Awards Night**  
⭐ **Christmas Jumper Day**  
⭐ **Staff birthdays & festive celebrations**  
⭐ **Employee of the Month**  
⭐ **Key updates and announcements from across Gian Healthcare**

As temperatures drop and the holiday season takes full swing, our focus remains on delivering warm, safe, and compassionate care to all our service users. Together, we'll ensure everyone feels supported, comforted, and included throughout this special time of year.

### ⭐ Looking Ahead ⭐

Let's continue to uphold the highest standards of professionalism, kindness, and care that define Gian Healthcare. Please remember to review and acknowledge all important communications and policy updates staying informed keeps us connected, compliant, and prepared.

Stay engaged with us on social media for more updates and celebrations:

Facebook: Gian Healthcare Ltd  
Instagram: @gianhealthcareltd  
TikTok: @gianhealthcareltd  
LinkedIn: Gian Healthcare Limited

Your feedback continues to shape our journey. Please share your thoughts and ideas via the Feedback and Suggestion Box to help us grow together.

Here's to a positive, purposeful, and connected November ahead! ❤️

### In this newsletter you can expect:

Community Updates

Meet Employees of the Month

Fun and Engagement Corner

Dinner and Awards Night

Christmas Jumper Day

Upcoming Events & Announcements

Feedback and Suggestion Box

# THE NEWS

Catch up on recent highlights and key updates you need to know.

- **Dinner & Awards Night – RSVP Required**

We're excited to celebrate our annual Dinner and Awards Night! Please remember that this event is invitation only, so don't forget to RSVP as soon as possible to secure your place. We look forward to an evening of celebration, recognition, and great company.

- **Christmas Jumper Day – 11th December**

Get festive with us on 11th December for Christmas Jumper Day! All staff are encouraged to come to work wearing their best (or worst!) Christmas jumpers. Let's bring some holiday cheer to the workplace!

- **DBS Update Service**

A quick reminder for staff: if your DBS is on the Update Service, please make sure your subscription is renewed on time so it doesn't expire. If you're not yet on the service, please get that set up as soon as you can.

- **ID Validity Reminder**

All staff are reminded to ensure their identification documents remain valid at all times. Please arrange for renewal before the expiry date, as expired identification will prevent you from being able to work.

- **Policy and Team Meeting Acknowledgements**

To remain compliant and maintain high standards, all staff are reminded to sign and acknowledge any new or updated policies and team meeting minutes distributed to them. Staying informed is key to staying compliant.

- **Complete Standard 16 of The Care Certificate**

All staff are required to finish Standard 16 of the Care Certificate by 2 January 2026. Completing this standard is a mandatory requirement for all staff, and timely completion helps maintain our commitment to high-quality care and ongoing professional development.

- **Final Employee of the Month**

It's that exciting time again. The final votes for Employee of the Month are going out at the end of the month! 📝 Your votes will help decide who takes home the ultimate recognition at our Dinner and Awards Night. Make it count. Vote for the colleague who truly shines, inspires, and deserves a standing ovation! 🌟



## AI & Cybersecurity Awareness

With AI tools becoming more common in our daily work and cyber attacks growing in sophistication, it's important to stay alert and use technology safely. Here are some tips to protect yourself and the organisation:

### Safe AI Practices:

- Always verify AI-generated content before using it in work tasks.
- Avoid sharing sensitive or confidential information with AI tools.
- Use AI responsibly, and follow company guidelines for data security.

### Cybersecurity Tips:

- Use strong, unique passwords and update them regularly.
- Enable multi-factor authentication wherever possible.
- Be cautious of suspicious emails, links, or attachments. Report anything unusual to IT.
- Keep devices and software up to date with the latest security patches.

All staff are encouraged to participate in ongoing AI and cybersecurity awareness sessions during team meetings.

Remember, if you notice anything suspicious or have concerns, contact the IT team immediately. Staying informed helps protect you and the whole team.



# Employees of The Month



OLD LANE

**Emmanuel Mungoshi**


HOLLINS HOUSE

**Daniel Asare**

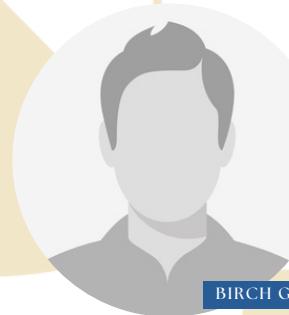

SCHOFIELD ST

**Bernice Amankwa**


BIRCH GROVE

**Yaw Baafi**

This month, your consistency, support, and can-do attitude have made a real impact. You've gone above and beyond in ways that matter, and your commitment hasn't gone unnoticed. Thank you for being such a strong and steady presence.



BIRCH GROVE

**Andy Addo**

We've noticed and truly appreciated the effort you've put in this month. You show up prepared, go the extra mile without hesitation, and set a great example for others. Thank you for your commitment and professionalism.



HILL LANE

**Dennis Nti Konadu**

Thank you for being someone the team can always count on. You've shown outstanding initiative and a strong sense of responsibility this month, and we deeply appreciate your efforts. You truly make a difference.



THORNHOLME

**Kudzai Kachavi**

Your strong work ethic, positive approach, and willingness to help out wherever needed have been especially appreciated this month. Thank you for your ongoing contributions and commitment to high standards.



PARK RANGE

**Norman Gakaka**

You've led by example this month, showing dedication, initiative, and consistent effort in everything you do. Thank you for being a dependable, valued member of the team — your work is truly appreciated.



## FUN AND ENGAGEMENT CORNER

This month, we're adding a little extra joy to your newsletter! Here are some light hearted features and friendly challenges to keep us all smiling through November 

### SHOUTOUTS AND THANK YOUS

Big shoutout to all our staff who've been staying on top of policies and trainings—you're keeping everything running smoothly behind the scenes, and it truly shows.

Huge thanks as well to everyone who reads and responds to emails quickly. It makes such a difference, and we appreciate you more than you know.

And of course, a special shoutout to the folks who follow, like, share, and interact with our social media. Your engagement helps keep our community connected and growing.

Thanks for showing up, staying engaged, and making this team what it is. You all rock. 

### 💕 JUST FOR FUN – QUICK QUIZ!

Test your knowledge with this mini brain break:

In the song "The Twelve Days of Christmas," what gift is given on the 5th day?

True or False: Tinsel was originally made from real silver.

Which plant is traditionally kissed under at Christmas?

### TEAM-BUILDING ADVENTURES: ESCAPE, SOLVE, CELEBRATE!

Earlier this November, our office staff swapped desks for clues and puzzles in an exciting escape room challenge! Teams raced against the clock, cracked codes, and celebrated their victories together—proving teamwork is our superpower. We finished the day with Nando's, laughter, and plenty of shared memories. A fantastic reminder that great teamwork happens both in and out of the office!



### ✿ DIY CORNER: QUICK & CREATIVE IDEAS

Brighten your workspace or add a splash of fun for residents with these simple projects:

- **Mini Sensory Bottles:** Water + glitter + small objects = a calming visual treat.
- **Paper Flowers:** Easy to make and perfect for decorating common areas.
- **Upcycled Crafts:** Turn jars or boxes into pen holders, plant pots, or storage containers.

Quick, fun, and budget-friendly—try one this week and see the smiles!

### 💡 WELLBEING & MINDFULNESS CORNER

Take a moment for yourself, small breaks can make a big difference.

- **1-Minute Mindfulness:** Sit comfortably, close your eyes, and take slow, deep breaths. Focus only on your breathing.
- **Quick Desk Stretch:** Roll your shoulders back 5 times, stretch your arms overhead, and gently rotate your neck.
- **Positive Reflection:** Write down one small thing that made you smile today. It helps build positivity and reduce stress.





# ANNUAL DINNER & AWARDS NIGHT – RSVP ASAP!

The event of the year is here – and it's YOUR night to shine!

## ✉️ Invitations have been sent!

This is an invitation-only event. No RSVP = No Entry! Don't wait – confirm your spot now!

## 👫 Bring a Plus One:

Absolutely! Just remember – catering for your guest is your responsibility.

## 👗 Dress Code:

Classy, elegant, and red-carpet ready. Time to bring your A-game!

## 🎉 What's happening at the party:

🍽️ **Delicious food & drinks** – indulge and toast to an amazing year

🏆 **Awards** – celebrate the incredible achievements of our team

📸 **Red carpet moments** – capture memories and shine in the spotlight

🎶 **Dancing, games & entertainment** – fun guaranteed all night

🔥 RSVP now and get ready for a night full of laughter, glamour, and unforgettable memories! 🔥

🌟 Why you don't want to miss it:  
It's the perfect chance to connect with colleagues, celebrate successes, and simply have a blast.

## 🎉 Award Categories 🎉

Our Dinner and Awards Night will be packed with excitement, cheers, and a few happy tears as we celebrate the stars among us! The spotlight will be on several fun and memorable categories, including but not limited to:

- 🏆 Overall Best Employee of the Month
- ✓ Most Compliant
- ⚡ Most Responsive
- 🟡 Team Player Award
- ⭐ Most Promising New Employee
- ⌚ Longest Serving Staff
- 🏠 House of the Year

It will be a night of laughter, applause, and well-deserved recognition for the amazing people who keep our community shining! 🌟

GIAN HEALTHCARE LTD.  
presents

# ANNUAL DINNER & Awards Night

**17 JAN 2026 | 18:00PM**

DRESS CODE: **BLACK SILVER**

**THE VILLAGE HOTEL, Cheadle**  
Cheadle Rd, Cheadle Hulme, Cheadle SK8 1HW

*Drink, Dine & Dance*



# CHRISTMAS JUMPER DAY AT GIAN HEALTHCARE LTD

## OUR STORY

We're taking part in Save the Children's Christmas Jumper Day on Thursday 11 December! By pulling on our Christmassy knits and donating, we'll be supporting children in the UK and around the world to keep safe, healthy, and learning. We'll be helping them fight for the future they deserve.

Visit the link below to donate: 

<https://christmas.savethechildren.org.uk/fundraising/cjd250002938>

**Team Text Code: GIAN** 

Alternatively, you can text **GIAN** to **70050** to donate £5 (Standard network rate applies. Add "NO" after the code to opt out of calls.)

On Christmas Jumper Day, don't forget to snap a photo of your festive style—whether it's classy, colourful, or questionably cosy. Send in your selfies or team pics and we'll add them to our social media pages. A special award will go to the most-liked photo at the awards night, so bring your best smile... or at least your best jumper! 😂😂

**Please support us this**



**Christmas  
Jumper  
Day**



**Our jumpers are on for**

**Thursday 11 December**

**Please support us this**



**Save the Children**

**Christmas  
Jumper  
Day**



## KEY HEALTHCARE DATES- DECEMBER 2025

This month brings several important health and wellbeing observances that align with our shared commitment to compassionate, person-centred care. Here are a few we're spotlighting:

📌 **3rd December: International Day of Persons with Disabilities:** A reminder to celebrate everyone's strengths and ensure our spaces and attitudes make room for those living with visible and invisible disabilities, including mental health conditions.

📌 **1st-7th December: Crohn's & Colitis Awareness Week**

Chronic illness doesn't just affect the body. This week helps us recognise the emotional load people carry and how much difference everyday understanding and kindness can make.

📌 **Early December: Winter Wellbeing Check-In**

As days get harder and routines feel heavier, this is a gentle nudge to check in with ourselves and each other. Small conversations can make a big difference.

📌 **21st December: Winter Solstice**

With daylight at its lowest, it's a natural moment to talk about mood changes and offer reminders on finding light, literally and figuratively, during winter.

📌 **24th-31st December: Festive Period**

The holidays can feel joyful or difficult, sometimes both at once. It's a good time to share reassurance, grounding tips, and where to turn if things feel tough.

## OUR GOALS FOR THE MONTH

As we wrap up the year, let's continue to grow personally and as a team by living our shared values and responsibilities. This month, here's what we're focusing on:

✓ **Spread the Word & Celebrate!**

Our Dinner & Awards Night is just around the corner! Let's make it an unforgettable celebration of our team's achievements. Share the excitement, invite your colleagues, and help highlight the fantastic work across all our teams.

✓ **Photo Consent Forms – Mandatory!**

All staff must read and sign the photo consent forms. You can choose whether to give consent or not, but the form must be signed. No exceptions!



Did you know the tradition of hanging stockings began when a generous man dropped coins down a chimney — and they just happened to land in some drying socks. People loved it so much that it became a festive habit. So technically, the very first Christmas presents were... laundry! Proof that even chores can turn into holiday magic.

## DECEMBER BIRTHDAY SHOUT-OUTS!

This month, we're raising a toast to our amazing team members celebrating their birthdays! Here's to another year of health, happiness, and success. May your day be as fantastic as you are!

- 6<sup>th</sup> December - Beverly Kwangwari
- 15<sup>th</sup> December - Odunayo Borire
- 18<sup>th</sup> December - Suliat Sogunro
- 24<sup>th</sup> December - Norman Gakaka
- 30<sup>th</sup> December - Rita Sefa Boakye
- 31<sup>st</sup> December - Rudo Natasha

If your birthday sneaked past us, give us a shout so we can celebrate YOU next time with all the fanfare you deserve!

## FEEDBACK AND SUGGESTION BOX

Your voice matters! Whether it's an idea for improving our services, feedback on recent training, or a suggestion for the next staff social, we'd love to hear from you.

You can put your concern into the staff feedback form, speak directly to your team Care Coordinator or you can send your suggestions, ideas and concerns to: [ghl@gianhealthcare.co.uk](mailto:ghl@gianhealthcare.co.uk).

Alternatively, you can visit our website and use the new feedback form.

Together, we can keep making Gian Healthcare an even better place to work and receive care.

**Thank you for reading!**

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