

Monthly Newsletter



6th April, 2026



TRAINING SESSION FOR STAFF

WELCOME TO APRIL AT GIAN HEALTHCARE

We hope you've all had a positive and productive start to the year and are now stepping confidently into April. The energy and commitment shown across the team throughout the first quarter have been fantastic, and we're excited to keep building on that momentum together.

As we move further into 2026, our focus remains on strengthening teamwork, supporting one another, and delivering the highest standards of care to those who rely on us every day. Thank you for your continued dedication and professionalism.

This month, we'd like to highlight key updates and an important initiative:

Pay Rate Updates & New Contracts
Annual Staff Feedback
Employee of the Quarter

In this April edition, here's what to look out for:

General news, key updates, and developments across Gian Healthcare
 Health and wellbeing tips to support you at work and at home
 Birthday shoutouts as we celebrate members of our team

Looking Ahead

As we continue into the year, let's keep upholding the values that define Gian Healthcare; care, compassion, professionalism, and teamwork. Every single role plays an important part in our success, and together we can make 2026 our most impactful year yet.

We strongly encourage everyone to complete the Annual Staff Feedback form, as your input plays a vital role in shaping improvements across the organisation.

Please also remember to review and acknowledge all new communications and policy updates, as staying informed keeps us connected and compliant.

Stay engaged with us on social media for updates, celebrations, and highlights:

Facebook: **Gian Healthcare Ltd**
 Instagram: **@gianhealthcareltd**
 TikTok: **@gianhealthcareltd**
 LinkedIn: **Gian Healthcare Limited**

In this newsletter you can expect:

The News

Health and Wellbeing

Fun and Engagement Corner

Key Healthcare Dates

Our Goals for the Year

Feedback and Suggestion Box

THE NEWS

Catch Up on Recent Highlights and Key Updates

- **Annual Staff Feedback Survey**

All staff are required to complete the annual staff feedback survey taking place in April.

Links have been sent out, so please be on the lookout for them.

Kindly ensure you complete it promptly.

- **New Contracts Update**

Updated contracts reflecting the recent changes in pay rates will be sent out shortly. Please keep an eye on your inbox and review them once received.

- **Challenging Behaviours Training**

The dates for the Challenging Behaviours training sessions will be released soon. Please keep an eye out for emails confirming your scheduled attendance.

- **Acknowledgement of Policies and Team Meeting Minutes**

Please ensure you read and acknowledge all Team Meeting Minutes and Policies distributed via Atlas Citation. If you experience any difficulties, please contact IT immediately for assistance.

- **Clocking In and Out of Shifts**

Please ensure you clock in and out of all attended shifts. If for any reason you are unable to do so, contact the office immediately so your shift can be recorded. Failure to comply may result in non-payment for those shifts.

- **April Team Meetings**

The April team meeting schedule has been attached.

Please ensure you attend your allocated session.

TIME	DATE	TEAM
10AM - 11AM	TUE 07/04/2026	SCHOFIELD
10AM - 11AM	WED 08/04/2026	PARK RANGE
10AM - 11AM	MON 13/04/2026	ROYLE CLOSE
10AM - 11AM	TUE 14/04/2026	OLD LANE
10AM - 11AM	MON 20/04/2026	HOLLINS HOUSE
10AM - 11AM	TUE 21/04/2026	BIRCH GROVE
10AM - 11AM	MON 27/04/2026	HILL LANE
10AM - 11AM	TUE 28/04/2026	THORNHOLME



- **Employee of the Quarter**

The votes for the Employee of the Quarter have been received. Thanks to all who participated. The winners will be announced soon, keep an eye out for them.

- **Bupa Employee Assistance Programme (EAP)**

All staff have access to the Bupa Employee Assistance Programme, which offers confidential support 24/7.

0800 269 616 – available at any time for wellbeing, emotional, financial, or work-related support.

MANCHESTER MARATHON – ROAD CLOSURES NOTICE

A reminder that the Adidas Manchester Marathon will return on **Sunday 19th April**. The event will follow a similar route to last year, starting near Old Trafford and finishing on the iconic Oxford Road.

There will be road closures across Trafford, Sale, and Manchester city centre, including areas near:

- Old Trafford
- Chester Road / Stretford
- Sale & Altrincham
- Oxford Road (finish line)

Please plan journeys in advance and allow extra travel time, especially for staff and carers working in affected areas.

Full details:

<https://www.manchestermarathon.co.uk/route/road-closure-info/>

Health AND Wellbeing

Spring is in full swing, and with the days getting longer and brighter, it's the perfect time to refresh our routines and focus on wellbeing, both physical and mental.

This month, we encourage all staff to:

- **Move a little more:** Take short walks, stretch during breaks, or enjoy a breath of fresh air outdoors.
- **Stay nourished and hydrated:** Healthy meals and plenty of water help keep energy levels up.
- **Check in with yourself:** Notice how you're feeling and take time to relax, reflect, or do something that lifts your mood.

Remember, the wellbeing of our service users is shaped by the energy we bring as a team. By looking after ourselves, we create a calmer, more positive environment for everyone around us.

If things feel overwhelming, don't hesitate to reach out — whether to a manager, colleague, or our support services. Taking care of yourself isn't optional, it's essential.

MARCH PUZZLE CORNER WINNERS

A huge congratulations to last month's Puzzle Corner winners:

- **Chipo Karuma Zaza**
- **Olivia Serwaa**
- **Christina Mungoshi**

As a reward for their efforts, **each winner** will receive a **£10 voucher**.

Thank you to everyone who took part, we love seeing your enthusiasm and participation each month. Don't worry if you didn't win this time, there will be plenty more chances to get involved in future editions of Puzzle Corner!

Well done again to our winners!

SERVICE SPOTLIGHT - SUPPORTED LIVING

Supported Living enables individuals to live in their own home or shared accommodation while receiving the support they need to maintain independence and live safely.

This service is centred around choice, dignity, and empowerment, giving people control over their daily lives while ensuring they have access to the right level of support when needed.

Why it matters:

Supported Living plays a vital role in helping individuals build confidence, develop life skills, and remain active members of their community. It reduces reliance on more intensive care settings and supports people to live fulfilling, independent lives on their own terms.

Thank you to our Supported Living teams for the dedication and care you provide every day, making a real difference to the lives of those you support.

WE'RE HIRING- SUPPORT WORKERS WANTED

We are currently recruiting Support Workers to join our team. We are looking for individuals who are fully flexible and available to work across all shifts. The role will begin as a Bank position, with the opportunity to move into a permanent contract following a successful 6-week assessment period.

Please note that **we are not** providing sponsorship for this role.

If you know someone who would be a great fit, we would really appreciate you sharing this opportunity with them. Referrals are always welcome.

To apply, candidates can visit our website or send their CV directly to the Recruitment team.



WE ARE HIRING

Support Worker

Join the team on an initial zero-hour contract with the opportunity to move to a permanent contract after a successful 6-week probationary period.

Please note we are not providing Sponsorships for this role.

For more information:

Visit our website on www.gianhealthcare.co.uk/recruitment



APPLY NOW

Send Your CV To

recruitment@gianhealthcare.co.uk



KEY HEALTHCARE DATES- MARCH 2026

April Health & Wellbeing Highlights

April brings several important health and wellbeing observances, reflecting our ongoing commitment to inclusive, compassionate, and preventative care. This month, we're shining a light on the following key campaigns and awareness days:

Stress Awareness Month

April is dedicated to raising awareness about stress, its impact on mental and physical health, and strategies for coping. Encourage open conversations about stress management, self-care, and seeking support when needed.

Autism Awareness Month

A month focused on increasing understanding of autism spectrum conditions, promoting inclusion, and supporting individuals and families. Highlight the importance of tailored support and recognising diverse needs in care.

World Health Day – 7 April

Organised by the World Health Organization, this day celebrates global health achievements and raises awareness of critical health challenges. It's a chance to reflect on preventative care, access to healthcare, and wellbeing for all.

National Stress Awareness Week – Usually mid-April

This week provides an opportunity to share practical tips, resources, and support for managing stress, both in and outside of work, emphasising the importance of mental wellbeing.

World Parkinson's Day – 11 April

Observed globally, this day highlights awareness, research, and support for people living with Parkinson's disease and their families. Promote understanding and the value of compassionate care.

OUR GOALS FOR THE YEAR

This year, one of our key goals is to increase Gian Healthcare's visibility online and showcase the amazing work our teams do every day. Your support makes all the difference!

Share your experiences – Leave a Google review or share a post about Gian Healthcare on your own social media.

Engage with our channels – Follow, like, comment, and share our posts on Instagram, Facebook, TikTok, and LinkedIn to help our content reach a wider audience.

Read and acknowledge policies and team meeting minutes. – Every action helps keep everyone up to date, supports a safe and informed workplace, and ensures our team continues to work together effectively.

Together, let's make 2026 the year Gian Healthcare's online presence truly reflects the dedication and excellence of our teams!



Octopuses have three hearts and blue blood. Two hearts pump blood to the gills, while the third pumps it to the rest of the body—and interestingly, that main heart actually stops beating when they swim, which is why octopuses prefer crawling over swimming.

APRIL BIRTHDAY SHOUT-OUTS!

This month, we're raising a toast to our amazing team members celebrating their birthdays! Here's to another year of health, happiness, and success. May your day be as fantastic as you are!

- 2nd April - Owen Kuveya
- 6th April - Omotunde Ajayi
- 9th April - Felicia Nyamidzi
- 14th April - Zaid Mayowa
- 15th April - Derrick Incoom
- 20th April - John Kojo Sei
- 22nd April - Evelyn Boaitey
- 22nd April - Viviane Tshibala
- 26th April - Cletus Chinedu Okwuike
- 28th April - Emmanuel Mungoshi

Want to be featured on our social media for your birthday? Share your favorite photos and videos with us!

FEEDBACK AND SUGGESTION BOX

Your voice matters! Whether it's an idea for improving our services, feedback on recent training, or a suggestion for the next staff social, we'd love to hear from you.

You can put your concern into the staff feedback form, speak directly to your team Care Coordinator or you can send your suggestions, ideas and concerns to: ghl@gianhealthcare.co.uk.

Alternatively, you can visit our website and use the new feedback form.

Together, we can keep making Gian Healthcare an even better place to work and receive care.

Thank you for reading!

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